

Support Numbers

Console: 1800 201 890

Comhar Adult
Counselling Service: 1800 234 118

Samaritans: 1850 60 90 60

AWARE: 1890 303 302

GROW: 056 7761624

Headstrong: 01 6607343

Teenline: 1800 833 634

Childline: 1800 66 66 66

Mental Health Ireland: 01 2841166

Shine Ireland: 1890 621 631

CAREDOC: 1890 303 302

1Life Suicide Helpline: 1800 247 100
Text HELP to: 51444

Design & Print By Modern Printers: 066 7721739

Regional Suicide Resource Office
Health Service Executive – South
Front Block
St. Patrick's Hospital
Johns Hill
Waterford

Tel: 051 874013
Fax: 051 853037

If you or somebody you know is in need of immediate help for physical or psychological stress or anxiety, you can access help at your local A+E (24 hours a day, 365 days a year), through your local GP or through CAREDOC (out of hours: 6pm to 8am).



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

INFORMATION LEAFLET



Bereavement Counselling Service for Traumatic Deaths



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

Regional Suicide Resource Office
Health Service Executive – South
Front Block, St. Patrick's Hospital
Waterford



Bereavement Counselling Information

The Regional Suicide Resource Office provides bereavement counselling for persons over 16 years of age who have been bereaved through sudden traumatic deaths in the South Eastern area of the HSE.

The HSE contracts Counsellors who are fully accredited and have Garda Clearance, professional indemnity insurance and attend regular supervision of their work.

They also work within the Department of Health and Children's Guidelines "Children First" in relation to the protection of children.

Persons must be bereaved through one of the following circumstances to access the service:

- **Suicide**
- **Homicide**
- **Road Traffic Accident**
- **Industrial/Agricultural/Domestic Accident**
- **Drowning**

Referral must be made in writing to the Co-ordinator, Bereavement Counselling Service at the address overleaf and include the following information:

Name
Address
Phone Number
Date of birth of client
Information around the Bereavement /Death that may be of benefit to the Counsellor.

Persons who may refer to the service are:

- **G.P.**
- **Psychiatrist**
- **Psychologist**
- **Social Worker**
- **EAP**
- **Comhar Adult Counselling Service**
- **S.H.I.P. Service**
- **S.C.A.N. Service**

Initially, the client will be offered up to six bereavement counselling sessions which will then be reviewed between the Counsellor and the HSE designated officer.

Up to two further blocks of six sessions may be available depending on the individual client's needs.